

## FAMILY FRIENDLY ACTIVITIES AT EARTH RISING

---

### **GREEN WORLD**

Fri – Sun

Matheson Creativity Hub

Ages 10+

All weekend, festival goers from the age of 10 years and upwards can step into a VR adventure, interactive mini-games and engaging activities that deepen their bond with nature. Created as a response to Earth Rising, Green World is where virtual innovation meets environmental education in a setting that invites exploration and discovery.

### **ECO-UNESCO Climate Justice Workshops**

Fri 5 – 9pm

Matheson Creativity Hub

Ages 10+

Join the ECO-Unesco Youth Climate Justice team for a lively and creative workshop on climate justice and the impacts of climate change on human rights. Participants can also get creative and make their own protest banners and signs promoting climate justice messages.

### **LIVING BEE-INGS: POLLINATION ADVENTURE**

Sat 10am – 12.30pm

Matheson Creativity Hub

Sun 10am – 12.30pm

People's Pavilion

Ages 9-11

Living Bee-ings is a collaborative board game for 2 to 4 players. Set in the vibrant world of pollinators, players take on the roles of helpers for busy bees, working together to collect precious flower tokens. Their mission? To ensure the survival of their hive by gathering enough nectar to thrive!

### **SOIL IS NOT DIRT – Family Workshop**

Sat 10 – 11.30am

The Cellars

This magic workshop invites children and their parents to step into the realm of hidden life under our feet – soil. In this workshop you will get to meet some of these very tiny, but important creatures who help sustain life on planet earth.

### **URBAN GULL UPRISING WORKSHOP**

Sat 10.30am – 12.00pm

People's Pavilion

Children only event. Suitable for all ages.

## **COMPOST CARNIVAL**

Sat 11am – 12pm

Sat 3.30 – 4.30pm

IMMA Grounds

Join this fun, participative, family friendly workshop using singing, movement and foraging to explore composting. This interactive workshop will reconnect festival goers back to nature and circularity as they brew amazing compost cocktails and conclude with a celebratory carnival.

## **FUINNEAMH COMMUNITY DRUM**

Sat 12.30 – 1pm

Sat 3.30 – 4pm

Sun 12.30 – 1pm

Sun 3.30 – 4pm

Meadows

Fuinneamh is a giant 14ft communal drum for all to play. No experience needed. Connect with others, friends, family, and total strangers as you witness and experience the joy this drum invokes.

## **CLIMATE YOUTH PANEL: Children and Young People on the Climate Crisis**

Sat 2 – 3pm

Lecture Room

This panel will showcase the perspectives of young people on the climate and ecological crisis. Moderated by Evie Kenny, host of RTE's Ecolution podcast, the panel will feature participants from Ireland's Children and Young People's Assembly on Biodiversity Loss as well as other young environmental activists.

## **CELTIC CALENDAR MAKING WORKSHOP**

Sat 2.30 – 4pm

People's Pavilion

Ages 3-7

Join us for a hands-on Celtic calendar making workshop designed for children aged 3-7 years. Celebrating the Autumnal Equinox, this creative and educational experience introduces young festival goers to the ancient Irish calendar and natural systems. Using recycled materials like plastic waste, magazines and natural inks, children will create colourful collages while learning about sustainability.

## **FAMILY WELLBEING WORKSHOP**

Sun 10.30 – 11.30am

Matheson Creativity Hub

Inclusive of abilities and families where English is their second language, this workshop is practical for all to join in. The workshop will offer children, parents and caregivers the chance to connect and experience fun breathing techniques with a nature theme, simple yoga around nature and animals and a simple art activity that each child can take away.

## **PROJECT DANDELION WORKSHOP with the Mary Robinson Centre**

Sun 11am – 4pm

Studio 12

Bring along your old CD's and vinyl records to this family fun workshop to contribute to the Project Dandelion Pledge wind chime. This is a family friendly event which promotes awareness of climate change, sustainability, creativity, and climate change leadership empowerment for women globally.

## **THE FORAGER'S FOOTSTEPS**

Sunday 11am – 12.30pm

The Meadows

Suitable for all ages

An interactive performance piece where the audience are invited to be the performer...relearning your steps as a forager, moving with the attentiveness, awakened senses, gathering seed, leaf, and berry.

## **TERN THE TIDE – BIRD ZINE MAKING CREATIVE WORKSHOP**

Sunday 3 – 6pm

People's Pavilion

Suitable for children 7+ with supervising adult

Workshop participants will learn about the conservation work of Birdwatch Ireland and be led on a creative journey using the art of creating their own zine, and the process of mark making to consider the little tern in a new way.